

What is Pe-ru-na?

Is it a Catarrh Remedy, or a Tonic, or is it Both?

Some people call Peruna a great tonic. Others refer to Peruna as a great catarrh remedy.

Which of these people are right? Is it more proper to call Peruna a catarrh remedy than to call it a tonic?

Our reply is, that Peruna is both a tonic and a catarrh remedy. Indeed, there can be no effectual catarrh remedy that is not also a tonic.

In order to thoroughly relieve any case of catarrh, a remedy must not only have a specific action on the mucous membranes affected by the catarrh, but it must have a general tonic action on the nervous system.

Catarrh, even in persons who are otherwise strong, is a weakened condition of some mucous membrane. There must be something to strengthen the circulation, to give tone to the arteries, and to raise the vital forces.

Perhaps no vegetable remedy in the world has attracted so much attention from medical writers as HYDRASTIS CANADENSIS. The wonderful efficacy of this herb has been recognized many years, and is growing in its hold upon the medical profession. When joined with CUBEBS and COPAIBA, a trio of medical agents is formed in Peruna which constitutes a specific remedy for catarrh that in the present state of medical progress cannot be improved upon. This action, reinforced by such renowned tonics as COLLINSIA CANADENSIS, CORYDALIS FORMOSA and CEDRON SEED, ought to make this compound an ideal remedy for catarrh in all its stages and locations in the body.

From a theoretical standpoint, therefore, Peruna is beyond criticism. The use of Peruna, confirms this opinion. Numberless testimonials from every quarter of the earth furnish ample evidence that this judgment is not over enthusiastic. When practical experience confirms a well-grounded theory the result is a truth that cannot be shaken.

Manufactured by PERUNA DRUG MANUFACTURING COMPANY, Columbus, Ohio

An English brewery has given a contract for a million labels per day for the present year.

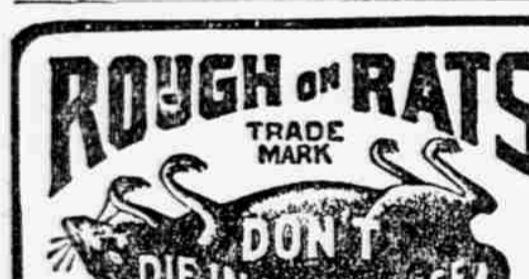
Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle.

The proposed Henry Hudson memorial bridge will be the largest span of concrete or stone in the world. It will be 703 feet in the clear. There are some larger spans of metal.

Habitual Constipation

May be permanently overcome by proper personal efforts with the assistance of the one truly beneficial laxative remedy, Syrup of Figs and Elix. of Senna, which enables one to form regular habits daily so that assistance to nature may be gradually dispensed with when no longer needed as the best of remedies, when required, are to assist nature and not to supplant the natural functions, which must depend ultimately upon proper nourishment, proper efforts, and right living generally.

To get its beneficial effects, always buy the genuine Syrup of Figs and Elix. of Senna manufactured by the CALIFORNIA FIG SYRUP CO. ONLY SOLD BY ALL LEADING DRUGGISTS one size only, regular price 50¢ per bottle



UNBEATABLE EXTERMINATOR THE OLD RELIABLE THAT NEVER FAILS Being all poison, one box will spread or make so many little cakes that will kill so many more rats and mice, and thousands of Roaches, Ants and Bed Bugs. 10c, 25c & 50c boxes at all drug stores and country stores. FREE Send for our comic postal cards and lithograph which have convinced the world of laughter.

E. S. WELLS, Chemist, Jersey City, N. J.



Illustration Showing Mixed Farming Scene in WESTERN CANADA

Some of the choicest lands for grain growing, stock raising and mixed farming in the new districts of Saskatchewan and Alberta have recently been opened for settlement under the Revised Homestead Regulations

Entry may now be made by proxy (on certain conditions), by the father, mother, son, daughter, brother or sister of an intending homesteader. Thousands of homesteads of 160 acres each are thus now easily obtainable in these great grain-growing, stock-raising and mixed farming sections.

There you will find beautiful climate, good neighbors, churches for family worship, schools for your children, good laws, splendid crops, and railroads convenient to market.

Entry fee in each case is \$10.00. For pamphlet, "Last Best West," particulars as to rates, routes, best time to go and where to locate, apply to W. D. Scott, Superintendent of Immigration, Ottawa, Canada, or E. T. Holmes, 313 Jackson St., St. Paul, Minn., and J. M. MacLachlan, 115 1/2 St., Watertown, N. D. Authorized Government Agents.

Advertisement for Western Canada land.

WORK OF CONGRESS

Senator Bulkeley of Connecticut, a member of the military affairs committee, spoke at length in the Senate Monday on the Brownsville affair. He declared his belief in the innocence of the negro soldiers of the Twenty-fifth Regiment and said the rioters in the town on the night of Aug. 13-14, 1906, in his judgment, were lawless Mexicans from outside the town, assisted by the lawless class within Brownsville. The House resolution appropriating \$250,000 to relieve the recent cyclone sufferers in Alabama, Georgia, Mississippi and Louisiana, was passed. The House completely overrode the committee on appropriations in connection with several items in the sundry civil appropriation bill. When the measure was laid aside for the day \$250,000 had been added to the sum granted by the committee, which included \$100,000 for gauging the streams and determining the water supply of the United States; an increase of \$50,000 in the appropriation for testing structural materials and \$130,000 for testing coal, lig-nites and other fuel substances.

An extended speech in opposition to the forestry service was made by Senator Heyburn of Idaho in the Senate Tuesday, while the agricultural appropriation bill was under consideration. He criticized the practice of speaking of "any man's policy," saying that the only policies of the government that are not fictitious are those that are written in the laws of the land. Mr. Warner of Missouri continued his speech on the Brownsville affair, but did not conclude. A lively debate was kept up all day in the House on the sundry civil appropriation bill. Repeated efforts were made by Messrs. Gaines of Tennessee and Chaney of Indiana, supported by many other members, to procure an appropriation for any investigation looking to increasing safety in mining, and they had about got Chairman Tawney to the point where he would consent to an appropriation of \$50,000, when Mr. Underwood of Alabama objected and the proposition, for the time at least, was dropped.

The Senate Wednesday passed a bill prohibiting the employment within certain hours of children under 14 years of age in the District of Columbia. The Senate also adopted a resolution offered by Mr. Foraker of Ohio directing the interstate commerce commission to inform the Senate whether the commodity clause of the interstate commerce act had been complied with since May 1, 1908, and if not whether the noncompliance by the railroads has been due to any agreement, arrangement or understanding between the railroad companies and the authorities. The conference report on the army appropriation bill carrying an aggregate of \$95,377,246 was adopted. Senator Warner of Missouri concluded his speech on the Brownsville affair, his closing remarks calling forth a statement from Senator Foraker that a Western paper had announced that the President recently wrote to Senator Smith of Michigan to the effect that he had not changed his mind as to the guilt of the negro soldiers of the Twenty-fifth Regiment. Mr. Foraker suggested that the introduction of that letter in the record would be interesting. By a vote of 167 to 46, and following a two hours' debate, the House again went on record against the re-establishment of the canteen in national soldiers' homes. In the course of the discussion a man giving his name as George E. Gridley of Providence, R. I., unfurled an American flag and proceeded to make an address from the gallery on the temperance question. He was promptly taken out. Perhaps the real sensation of the day was an admission by Mr. Bennett of New York, a member of the immigration commission, that he had, under the old immigration law, "railroaded" the naturalization of many foreigners in one day. With the exception of the adoption of the conference report on the bill reorganizing the consular service, the sundry civil appropriation bill was under consideration the entire day.

The forestry provision of the agricultural appropriation bill was before the Senate several hours Thursday. Senator Teller of Colorado denounced that service as unwise and its administration as arbitrary, while Senator Depew spoke in advocacy of the extension of the work of the forest reserves. An address in support of the bill to establish postal savings banks was made by Senator Carter of Montana. Senator Culberson of Texas called the attention of the Senate to newspaper publications to the effect that the President and the interstate commerce commission had agreed to allow the railroads to increase freight rates. This suggestion precipitated a discussion as to the powers of the President or the commission to make such an agreement. The Senate passed a bill appropriating \$5,000 toward the erection of a monument to Pocahontas at Jamestown, Va. After ten days' discussion consideration of the sundry civil appropriation bill was completed by the House, but before putting it on its passage a recess until Friday was taken. The bill carries a total appropriation of \$106,966,369, or \$1,241,000 more than as reported by the committee. A provision providing that salaries and wages for work on the Panama canal should not exceed by more than 25 per cent the salaries and wages paid in the United States or similar work was defeated, 10 to 101.

CHANGE IN FOOD

Works Wonders in Health. It is worth knowing that a change in food can cure dyspepsia. "I deem it my duty to let you know how Grape-Nuts food has cured me of indigestion. I had been troubled with it for years, until last year my doctor recommended Grape-Nuts food to be used every morning. I followed instructions and now I am entirely well."

"The whole family like Grape-Nuts. we use four packages a week. You are welcome to use this testimonial as you see fit."

The reason this lady was helped by the use of Grape-Nuts food, is that it is predigested by natural processes and therefore does not tax the stomach as the food she had been using; it also contains the elements required for building up the nervous system. If that part of the human body is in perfect working order, there can be no dyspepsia, for nervous energy represents the steam that drives the engine.

When the nervous system is run down, the machinery of the body works badly. Grape-Nuts food can be used by small children as well as adults. It is perfectly cooked and ready for instant use.

Read "The Road to Wellville," in p. 13.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

No Instruction Necessary. Nature, left to herself, often points the way with an uncompromising directness which is more effectual than any aid of art. The Mariner's Adage expresses this fact in the following: "My husband is particularly liable to seasickness, captain," remarked a lady passenger. "Could you tell him what to do in case of an attack?" "Tain't necessary, mum," replied the captain. "He'll do it."

The collection of anthropoid apes in the Regent's Park Gardens is the finest ever brought together.

AT A CRITICAL TIME.

Women Are Likely to Suffer with Dangerous Kidney Disorders.

Mrs. John Kirk, R. F. D. No. 2, Detroit, Mich., says: "Five years ago at a critical time of life I was on the verge of a collapse with kidney troubles, backache, dizziness, puffy dropsy swellings and urinary irregularities. I lost flesh and felt languid, nervous or unstrung all the time. As my doctor did not help me I began using Doan's Kidney Pills. In a few weeks all these symptoms left me. I now weigh 163 pounds and feel in excellent health."

Sold by all dealers, 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Egyptian cotton land produces nearly four times as much per acre as that of this country.

Beware of Ointments for Catarrh that Contain Mercury.

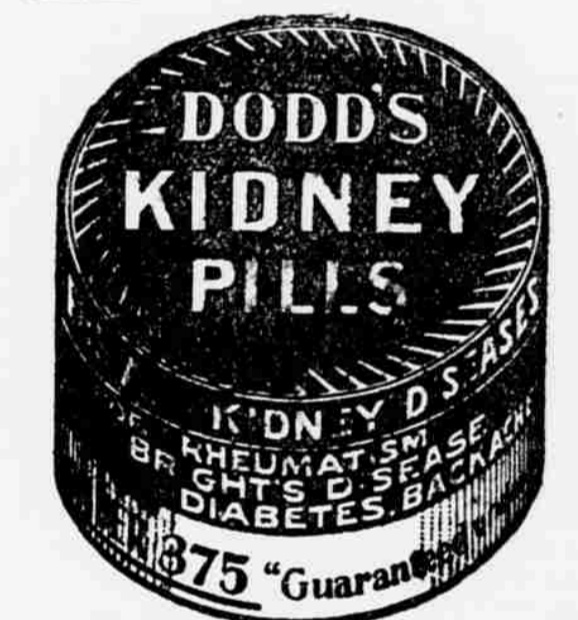
as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is tenfold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists. Price, 75c. per bottle. Take Hall's Family Pills for constipation.

Foremost among the minerals, etc., which Russians regard as the source of Siberia's future wealth are gold, iron, coking coal, manganese, copper, platinum, emeralds, topazes, asbestos, glauber's salt, rock salt and, in all probability, naphtha.

For Any Disease or Injury to the eye, use PETTIT'S EYE SALVE, absolutely harmless, acts quickly. All druggists or Howard Bros., Buffalo, N. Y.

All papers left on the trains of the Belgian State railways are appropriated by the government and are utilized in the manufacture of card for tickets.



SICK HEADACHE

CARTER'S LITTLE LIVER PILLS. Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Bile, Nervousness, Headache, Dizziness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable. SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS. Genuine Must Bear Fac-Simile Signature. REFUSE SUBSTITUTES.

Advertisement for Carter's Little Liver Pills.

COMPLAINTS ABOUT PAINT.

The time to complain about paint is before the painter applies it. The man who put up the money should not shirk the responsibility of choosing the paint. True, the painter ought to know paint better than the banker, the professional man or the merchant. The trouble is, the house owner too often deliberately bars the competent and honest painter from the job by accepting a bid which he ought to know would make an honest job impossible.

Secure your bids on the basis of National Lead Company's pure White Lead and pure Linseed Oil and see that you get these materials.

No one need be fooled by adulterated white lead. A blowpipe testing outfit will be mailed to any one interested in paint.

Address, National Lead Company, Woodbridge Building, New York City.

Racial Prejudice.

MacPherson—Hear about the Italian bank break in New York? One coat was a' that was left.

O'Rafferty—Fehat was ut? Garlie?

Garfield Digestive Tablets

From your druggist, or the GARFIELD TEA CO., Brooklyn, N. Y., 25c per box, 1 sample upon request.

Advertisement for Garfield Digestive Tablets.

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Advice.

Miss Peachey—Auntie, I find it hard to entertain Mr. Ketchley. He seems to have so little general information.

Matchmaking Aunt—Then, specialize, my dear; specialize. If Browning is too deep for him, try him on baseball.

FITS

St. Vitus' Dance and all Nervous Diseases Permanently Cured by Dr. Allen's Great Nerve Restorer. Send for Free Book, Name and Address, DR. H. M. KLINE, 141, 143 Arch Street, Philadelphia, Pa.

A Knockdown Argument.

A suburban school just opening for the season was composed of both city and country children. The teacher selected eight boys to debate the subject, "Which is Preferable—Country or City Life?"

After they had read many arguments with much enthusiasm Country Hugh laid down his paper and said: "Mr. President, they don't know what they're talkin' about. 'Going to town,' and that beats anything I know."—Ladies' Home Journal.

EPILEPSY ITS

If you suffer from Fits, Falling Sickness or Spasms, or have Children that do so, my New Discovery and Treatment will give them immediate relief, and all you are asked to do is to send for a Free Bottle of Dr. May's

EPILEPTICIDE CURE. Complies with Food and Drug Act of Congress June 30th 1906. Complete directions, all testimonials of CURE, etc. FREE by mail. Express Prepaid. Give AGE and full address. W. H. MAY, M. D., 548 Pearl Street, New York.

BABY'S ECZEMA GREW WORSE

Hospitals and Doctors Could Not Relieve Him—But Cuticura Remedies a Speedy, Permanent Cure.

"Eczema appeared when our baby was three months old. We applied to several doctors and hospitals, each of which gave us something different every time, but nothing brought relief. At last, one of our friends recommended to us Cuticura Soap and Cuticura Ointment. A few days afterwards improvement could be noted. Since then we have used nothing but Cuticura Soap and Cuticura Ointment, and now the baby is six months old and is quite cured. All that we used was one cake of Cuticura Soap and two boxes Cuticura Ointment, costing in all \$1.25. C. F. Kara, 343 East 65th Street, New York, March 30, 1906."

WIDOWS' under NEW LAW obtained PENSIONS

by JOHN W. MORRIS, Washington, D. C.

S. C. N. U. - No. 20-1908.

W.L. DOUGLAS SHOES

\$3.00 SHOES AT ALL PRICES, FOR EVERY MEMBER OF THE FAMILY. MEN, BOYS, WOMEN, MISSES AND CHILDREN.

W. L. Douglas makes and sells more men's \$2.50 and \$3.50 shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.

W. L. Douglas \$4 and \$5 Gilt Edge Shoes Cannot Be Equalled At Any Price

CAUTION: W. L. Douglas name and price is stamped on bottom. Take No Substitute. Sold by the best shoe dealers everywhere. Shoes mailed from factory to any part of the world. Illustrated Catalog free to any address. W. L. DOUGLAS, Brockton, Mass.

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This woman says that she should not fail to try Lydia E. Pinkham's Vegetable Compound as she did.

Mrs. A. Gregory, of 2355 Lawrence St., Denver, Col., writes to Mrs. Pinkham:

"I was practically an invalid for six years, on account of female troubles. I underwent an operation by the doctor's advice, but in a few months I was worse than before. A friend advised Lydia E. Pinkham's Vegetable Compound and it restored me to perfect health, such as I have not enjoyed in many years. Any woman suffering as I did with backache, bearing-down pains, and periodic pains, should not fail to use Lydia E. Pinkham's Vegetable Compound."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

MOTHER GRAY'S SWEET POWDERS FOR CHILDREN.

A Certain Cure for Feverishness, Constipation, Headache, Stomach Troubles, Teething Disorders, and Diarrhea. Worms. They Break up Colds in 24 hours. At all Drug Stores. Sample mailed FREE. Address, A. S. OLINSTEAD, Le Roy, N. Y.

Paxtine TOILET ANTISEPTIC

Keeps the breath, teeth, mouth and body antiseptically clean and free from unhealthy germ-life and disagreeable odors, which water, soap and tooth preparations alone cannot do. A germicide, disinfectant and deodorizer, requiring no special toilet requisites of exceptional excellence and economy. Invaluable for inflamed eyes, throat and nasal and uterine catarrh. At drug and toilet stores, 50 cents, or by mail postpaid.

Large Trial Sample WITH "HEALTH AND BEAUTY" BOOK SENT FREE THE PAXTON TOILET CO., Boston, Mass.

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